

PCMHA SAFETY REP MEETING

NOVEMBER 24TH , 2020- ZOOM CALL



HOUSEKEEPING

- **DURATION OF THE CALL : 40 MINUTES (RESTRICTION OF ZOOM – BASIC PLAN)**
- **ALL LINES EXCEPT PRESENTER ARE MUTED**
- **PLEASE USE CHAT IF YOU HAVE A QUESTION – WILL HAVE TIME FOR A QUESTION REVIEW AT THE END**
- **MINUTES AND PRESENTATION WILL BE SENT OUT THURSDAY NOVEMBER 26TH**
- **ONLY FOR PCMHA SAFETY REPRESENTATIVES**
- **ALL CHAT QUESTIONS THAT ARE UNRESOLVED DURING THE CALL, WILL BE FOLLOWED UP BY EMAIL**
- **OPPORTUNITY FOR A FOLLOWING UP ZOOM CALL**

THANK YOU !!!!!

FIRST AND FOREMOST!



WELCOME 2020-2021 SEASON

2020-2021 BOARD MEMBER :

PRESIDENT – CHRIS STEWART

VICE PRESIDENT – KEVIN MCKAY

FINANCE – JOEL PAGE

DEVELOPMENT – JERRY BERTHIAUME

COMMUNICATION – STEPHANIE BLANCHARD

RISK MANAGEMENT – STACEY MUNROE

ON-ICE – VIC MELANSON

OFF-ICE – DAN THOMPSON

REGISTRATION AND ADMINISTRATION – CARLA KING

DIVISION NAMES

Reminder to Coaches and Managers to use the new Names of the divisions when sending out Communications, or email subject.

**U7 –U9 all teams in this division are :
Division – Jersey Color - TimBits**

**U11-U18 - All Teams for Rec are now the
Division – Jersey Color and Crushers**

New Age Division Names

CURRENT NAME	AGE*	NEW NAME
Initiation Program (IP)	6 and under	Under-7 (U7)
Novice	8 and under	Under-9 (U9)
Atom	10 and under	Under-11 (U11)
Peewee	12 and under	Under-13 (U13)
Bantam	14 and under	Under-15 (U15)
Minor Midget	16 and under	Under-17 (U17)
Midget	17 and under	Under-18 (U18)

Hockey Nova Scotia Age Division Chart | 2020-21 Season
*Athlete must be the age, or under, on Dec. 31



POLICIES – 3 LEVELS

HOCKEY NS – Rebound Plan – July 2020– Lays out the environment for Return to ice in a 3 period plan. We are currently in Period 2

Pictou County Rinks – Return to Recreation – Rinks were required to create a reopening plan. (Currently being reformatted for posting on our Website – Pictou only posted)

- **Safety Rep (First in) - Players/Coaches – Allowed in 30 minutes prior to ice time**
- **Time Keepers – 15 minutes before**
- **Spectators – 5 minutes prior to game time (if game running late – allowed in when Zamboni is on ice)**

PCMHA – Identifies issues/concerns and has made a statement on 1 parent/guardian – Practice, 2 Parent/Guardians per game. Siblings are welcome but are required to stay with parent. Cannot run around.

HOCKEY NS - POLICIES

- WE ARE CURRENTLY IN PERIOD 2 OF THEIR 3 PLAN ROLL OUT FOR HOCKEY.
 - [HTTPS://HOCKEYNOVASCOTIA.CA/COVID-19/REBOUND-PLAN](https://hockeynovascotia.ca/covid-19/rebound-plan)

SCREENING TO KEEP THE GAME SAFE

- WITH THE HELP OF OUR NEW CHIEF MEDICAL OFFICER, DR. TINA ATKINSON, WE HAVE ESTABLISHED THE **REBOUND PLAN**, WHICH FULLY OUTLINES THE STEPS EVERYONE MUST TAKE IN ORDER TO PARTICIPATE IN HOCKEY THIS SEASON.
- CENTRAL TO THE SUCCESS OF OUR RETURN-TO-PLAY PLAN IS THE ADDITION OF A NEW TEAM MEMBER: THE ***TEAM SAFETY REP***. THE ***TEAM SAFETY REP*** WILL BE RESPONSIBLE FOR MAINTAINING OUR **NEW SELF-SCREENING REGISTRY**.
- TO HELP THEM OUT, WE'VE CREATED A **SELF-SCREENING TOOL** THAT PLAYERS, COACHES, AND VOLUNTEERS WILL COMPLETE BEFORE EACH TRAINING SESSION. SAFETY REPS WILL RECORD THE RESPONSES ***CONFIDENTIALLY*** AND ***SECURELY*** IN THE REGISTRY.
- IT'S UP TO OUR HOCKEY FAMILIES TO ENSURE THE SELF-ASSESSMENT HAS BEEN COMPLETED AND SUBMITTED.
- CONSIDER IT A ***PLAYER'S TICKET TO PLAY***. WITHOUT IT, THEY WILL NOT BE PERMITTED ON THE ICE.

HOCKEY NS – SCREENING

HNS PARTICIPANT SCREENING REGISTRY

HOCKEY NOVA SCOTIA PARTICIPANT SCREENING REGISTRY				
Date:		Facility Name (location):		
Start Time of Session:		End Time of Session:		
Safety Rep:		Phone #:		
#	Player/Coach Name (first, last)	Team/Group	Contact Number	Answered "No" to all screening questions
1.				<input type="checkbox"/>
2.				<input type="checkbox"/>
3.				<input type="checkbox"/>
4.				<input type="checkbox"/>
5.				<input type="checkbox"/>
6.				<input type="checkbox"/>
7.				<input type="checkbox"/>
8.				<input type="checkbox"/>
9.				<input type="checkbox"/>
10.				<input type="checkbox"/>
11.				<input type="checkbox"/>
12.				<input type="checkbox"/>
13.				<input type="checkbox"/>
14.				<input type="checkbox"/>
15.				<input type="checkbox"/>

Screening Tool

The screening tool must be completed before **each** HNS-sanctioned activity.

1 Are you feeling unwell or do you have new or worsening health symptoms?
If yes, stay home and avoid public spaces, including work, school/child care, and shopping.

2 In the past 48 hours have you had, or are you currently experiencing, any of these symptoms?



Fever (i.e. chills/sweats) **OR** Cough (new or worsening)

OR two or more of the following symptoms (new or worsening):



Sore throat

Runny nose/nasal congestion

Headache

Shortness of breath

If yes, stay home and complete the COVID-19 self-assessment online, <https://covid-self-assessment.novascotia.ca/>. If you are unable to access the online tool, call 811.

3 In the last 14 days, have you travelled outside Atlantic Canada?
If yes, you must stay home. You are required by law to self-isolate for 14 days upon return to Atlantic Canada.

4 In the last 14 days, have you had close contact (within 2 metres / 6 feet) with someone confirmed to have COVID-19?
If yes, you must stay home. You are required by law to self-isolate if you have been identified as a close contact of someone with COVID-19. If you haven't spoken with Public Health or been tested, you should contact 811 to be screened for testing for COVID-19.

5 Are you waiting for results from a COVID-19 test?
If yes, stay home. You are required by law to self-isolate while awaiting COVID-19 test results. Please follow instructions given by Public Health.

HU - SAFETY REP COURSE TRAINING

[HTTPS://EHOCKEY.HOCKEYCANADA.CA/EHOCKEY/ACCOUNT/LOGIN.ASPX?ID=13](https://ehockey.hockeycanada.ca/ehockey/account/login.aspx?id=13)

Type	Level	Association	Location	Address	City	Province	Postal Code	Season	Date	Time	Actions
*HU - ONLINE Safety	-	HOCKEY NOVA SCOTIA				NS		2020	08/23/2020- 04/30/2021	00:00	Signup Info
*HU - Planning a Safe Return to Hockey		HOCKEY NOVA SCOTIA				NS		2020	08/26/2020- 08/26/2021	00:00	Signup Info



<https://hockeynovascotia.ca/covid-19/safety-rep-training>

SAFETY REP CREDENTIALS

SAFETY REP REQUIREMENTS

- ✓ **Completion of Criminal Record Check (CRC) with Vulnerable Sector Verification**
- ✓ **Hockey Canada Planning a *Safe Return to Hockey* E-learning module**

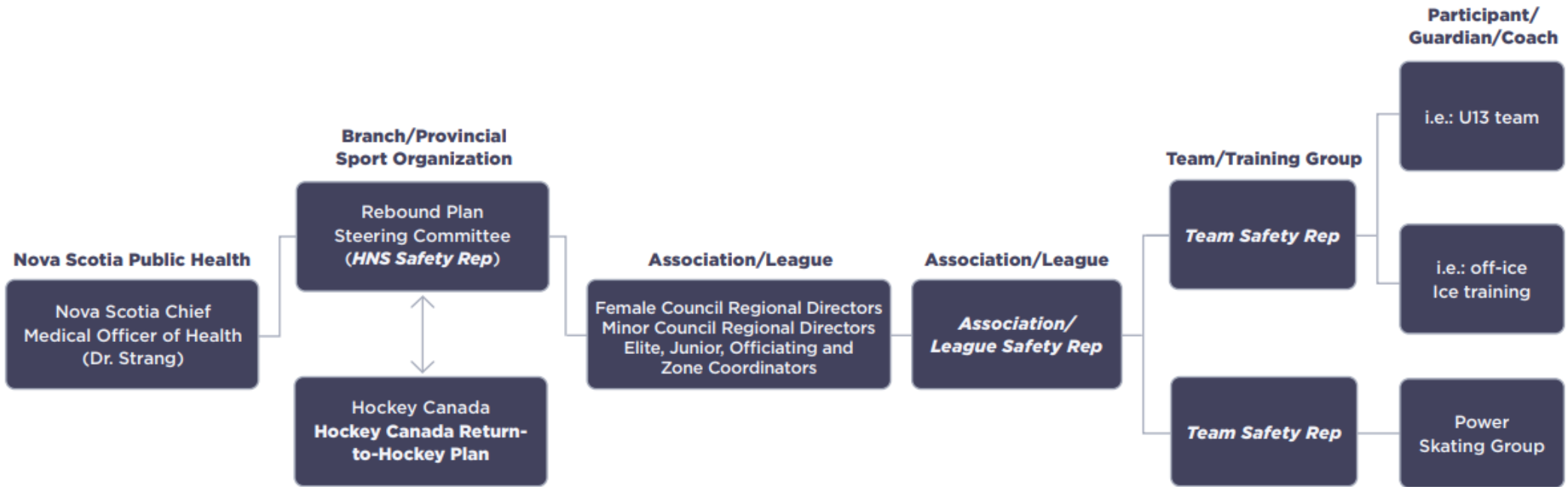
Both *must be completed* by December 1st.

With completion of both the CRC and the Completion Certificate for your Safe Return To Hockey module, Safety reps are to send their documentation to our Risk Management Director – Stacey Munro

riskmanagement@pcmha.com

HOCKEY NS - COMMUNICATIONS

SAFETY ROLES AND COMMUNICATION FLOW



HOCKEY NS

ENVIRONMENT AND EXPECTATIONS

- **ARRIVE AT THE FACILITY AT A DESIGNATED TIME FOR THE HOCKEY-RELATED ACTIVITY. DO NOT ARRIVE EARLY.**
- **LEAVE THE FACILITY IMMEDIATELY FOLLOWING THE HOCKEY-RELATED ACTIVITY. DO NOT STAY BEYOND THE DESIGNATED TIME.**
- **WE RECOMMEND ONLY ONE PARENT OR CAREGIVER ACCOMPANY A PLAYER TO A HOCKEY-RELATED ACTIVITY.**
- **WE ENCOURAGE PARENTS AND GUARDIANS OF PLAYERS AT LEVELS U13 AND ABOVE TO NOT ENTER THE FACILITY.**
- **HOCKEY-RELATED ACTIVITIES (INCLUDING PARENT MEETINGS AND ADMINISTRATIVE PROCEDURES LIKE REGISTRATION) MUST BE DONE IN SUCH A WAY TO MAINTAIN PHYSICAL DISTANCING IN GROUPS OF MORE THAN TEN**

EQUIPMENT

- **WATER BOTTLES MUST BE FILLED AT HOME AND LABELED WITH THE PLAYER'S NAME. THE SHARING OF WATER BOTTLES IS PROHIBITED.**
- **WHERE POSSIBLE, PLAYERS, COACHES, AND OFFICIALS SHOULD PLAN TO ARRIVE AND DEPART THE FACILITY DRESSED IN THEIR HOCKEY EQUIPMENT.**
- **WHILE ON THE ICE, PARTICIPANTS MUST ALWAYS LEAVE THEIR HELMET AND GLOVES ON.**

PICTOU COUNTY RINKS

- **PCMHA ARE THE RENTERS OF THESE FACILITIES. WE HAVE TO ADHERE TO THEIR POLICIES. (PCMHA, FUNDY, HIGH SCHOOL FOR EXAMPLES)**
- **RINKS HAVE IDENTIFIED THAT PLAYERS ARE ALLOWED INTO A RINK 30 MINUTES PRIOR TO ICE TIME. SPECTATORS ARE ALLOWED INTO THE FACILITY 5 MINUTES PRIOR TO ICE TIME. ALL MUST WEAR MASKS.**
- **SAFETY REP IS REQUIRED TO BE THE FIRST PERSON IN AT THE RINK TO BEGIN TRACKING.**
- **RINKS REQUIRE THAT WE TRACK **ALL** PARTICIPANTS IN THE RINK DURING OUR ICE TIME.**
- **RINKS REQUIRE THAT ALL SPECTATORS AND PLAYER LEAVE ASAP AFTER ICE TIME.**

PICTOU COUNTY RINKS

- **RINKS HAVE LAID OUT THE ENTRANCE AND EXIT STRATEGY FOR THEIR BUILDING**
- **FLOW OF TRAFFIC IS IDENTIFIED BY ARROWS OR POSTERS AROUND THE BUILDING.**
- **ONE ENTRANCE/ONE EXIT**
- **NO SPECTATORS ARE ALLOWED TO STAND AROUND THE ICE**

PCMHA SAFETY REP

CHRIS STEWART

- **RESPONSIBILITIES INCLUDE:**
 - **TO RECEIVE REBOUND PLAN UPDATES FROM HOCKEY NOVA SCOTIA (VIA THEIR COUNCIL REGIONAL DIRECTOR)**
 - **TO MEET WITH TEAM SAFETY REPS AND TO PROVIDE INFORMATION AND REBOUND PLAN UPDATES**
 - **ACT AS LIAISON BETWEEN THE TEAMS AND THEIR LOCAL FACILITIES**

TEAM COMMUNICATIONS

AS SAFETY REPRESENTATIVES CAN DECIDE HOW YOU COMMUNICATE TO THE TEAM BUT THIS IS KEY!!

- **EDUCATION OF THE REBOUND PLAN WITH ALL MEMBERS OF THE TEAM (AND UPDATES)**
- **TEAM SNAP – ASK TO BECOME MANAGER ON THE TEAM SO YOU CAN SEND EMAILS OUT**
- **TEAM DISTRIBUTION LIST – ASK YOUR TEAM MANAGER FOR THE CONTACTS FOR ALL PLAYERS**

PCMHA – TRACKING – ELECTRONIC VRS PAPER - PRACTICES

ELECTRONIC VRS PAPER COPY IS TO THE DISCRETION OF THE SAFETY REP

IF YOUR TEAM FEELS COMFORTABLE WITH AN ELECTRONIC CHECK IN:

- **TEAM SNAP**
- **TEXT MESSAGE**
- **EMAIL**
- **GOOGLE DOCS**

IF YOU CHOOSE TO GO ELECTRONIC THE DATA NEEDS TO BE ENTERED INTO A SPREADSHEET TO BE EASILY EXTRACTED IF YOU ARE ASKED BY RISK MANAGEMENT OR BY THE ASSOCIATION SAFETY REP TO PROVIDE.

PCMHA – TRACKING – HARD COPY - GAMES

SINCE WE HAVE DOUBLED THE SPECTATORS NUMBERS AND ADDED A TEAM AND THEIR SPECTATORS WE NEED TO USE HARD COPY TO TRACK

HOME TEAM – HOME TEAM IS RESPONSIBLE FOR TRACKING ALL SPECTATORS/PLAYERS AND BENCHSTAFF AT THE RINK. WORK WITH THE SAFETY REP FROM THE OTHER TEAM.

SAFETY REPS ARE TO STAY AT THE DOOR DURING GAME (UNTIL 10 MINUTES AFTER THE GAME BEGINS). YOU ARE NOT TO LEAVE THE DOOR UNTIL.

PCMHA – IN THE RINK

- **PLAYERS ARE TO BE DROPPED OFF AT THE DOOR FOR HOCKEY FOR U11-U18 PARTIALLY DRESSED, 30 MINUTES BEFORE GAME TIME. (IF ASSISTANCE WITH SKATES IS NEEDED BY A PARENT, THEY ARE TO CONTACT THE COACH AND THE COACH WILL THEN CONTACT ME TO LET ME KNOW, SAID PARENT MAY BE GRANTED 5 MINUTES TO GO IN AND TIE SKATES AND THEN BACK OUT). HOWEVER IF THIS IS LARGE AMOUNTS OF KIDS WE WILL REVISIT THIS ISSUE.**
- **COACHES ARE ENCOURAGED TO ASSIST PLAYERS WITH THEIR SKATES TO HELP DECREASE THE AMOUNT OF PARENTS WE HAVE IN THE LOCKER ROOM.**
- **VOLUNTEERS – ASK YOUR TEAM TO HELP OUT WITH FLOW OF PEOPLE. TEAM ONLY NEEDS 1 PERSON CERTIFIED AS A SAFETY REP. ASK YOUR PARENTS TO HELP MOTION PEOPLE OUT OF THE BUILDING, FLOW TO SIGN UP SHEET.**

PCMHA – IN THE RINK

MASKS :

YOU DO NOT HAVE TO WEAR A MASK WHEN YOU ARE ON THE ICE SURFACE. PLAYERS, COACHES AND OFFICIALS ARE NOT REQUIRED TO WEAR FACE MASKS WHILE ON THE ICE ENGAGING IN PHYSICAL ACTIVITY BUT ARE REQUIRED TO WEAR MASKS IN THE DRESSING ROOM PRIOR TO GOING ON THE ICE. TEAM OFFICIALS, INCLUDING COACHES, ARE REQUIRED TO WEAR FACE MASKS WHILE ON THE BENCH. MASKS WILL ALSO BE MANDATORY FOR ALL FACILITATORS AND PARTICIPANTS ATTENDING IN-PERSON COACHING AND OFFICIATING CLINICS ACROSS THE PROVINCE.

MASK EXEMPTIONS:

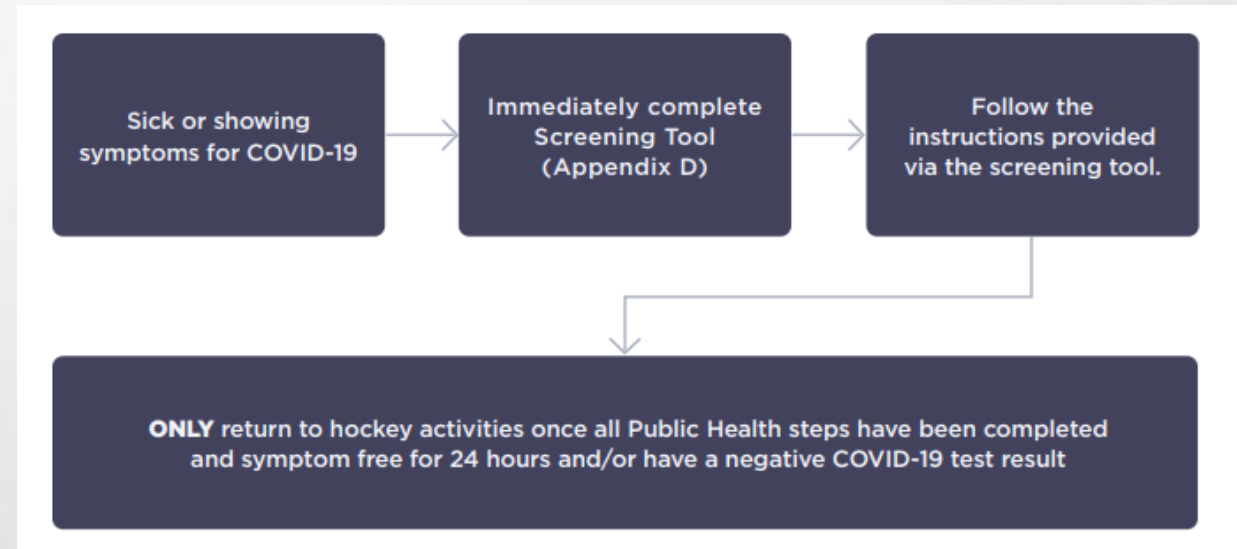
IF AN INDIVIDUAL HAS A MASK EXCEPTION FOR MEDICAL REASONS, THEY WILL BE REQUIRED TO PHYSICALLY DISTANCE (6 FEET) AT ALL TIMES INSIDE THE FACILITY. FOR THE PUBLIC, TEAM SAFETY, AND MAINTAINING A SAFE ENVIRONMENT IN THE FIELD OF PLAY, HOCKEY NOVA SCOTIA IS NOT ALLOWING UNMASKED PERSONNEL (BENCH STAFF) ON THE BENCH OR IN THE DRESSING ROOM

WHAT IF MY PLAYER HAS SYMPTOMS?

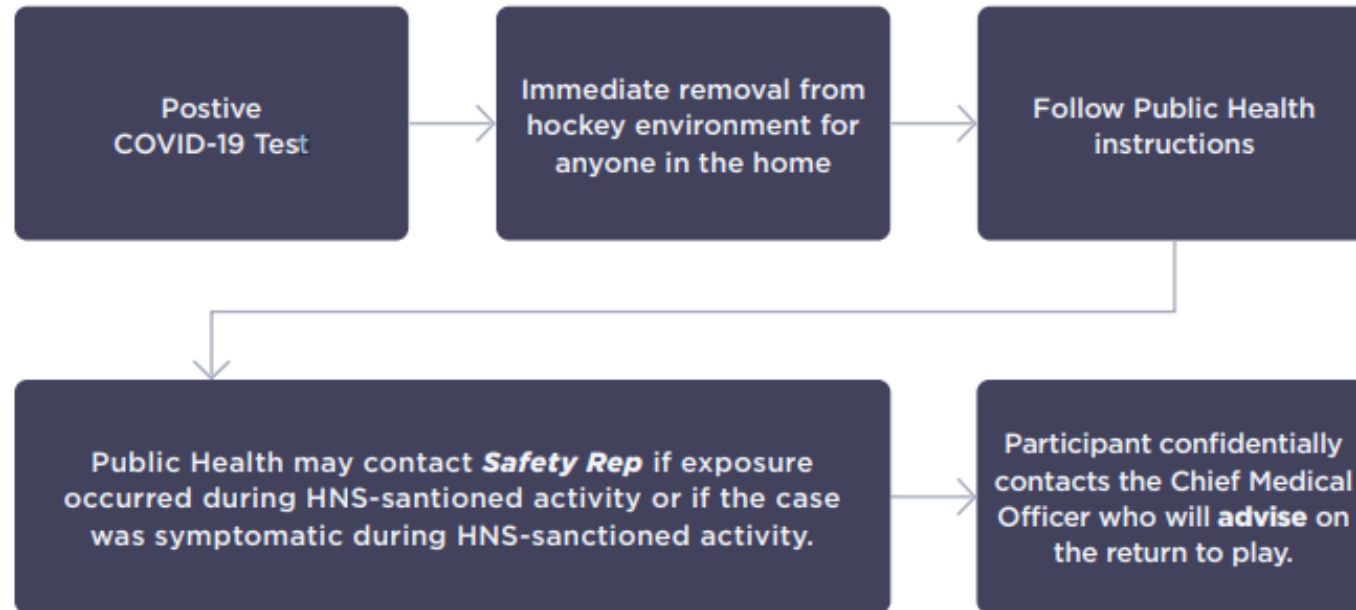
- **IF A PARTICIPANT HAS SYMPTOMS:**

THE FOLLOWING ARE RECOMMENDED STEPS FOR TEAM STAFF, PARENTS AND GUARDIANS FOR PARTICIPANTS WHO ARE SICK OR SHOWING SYMPTOMS OF COVID-19.

IT IS IMPORTANT TO REMEMBER THAT PUBLIC HEALTH AUTHORITY GUIDELINES AND ADVICE FROM PHYSICIANS MUST BE FOLLOWED IN ANY SITUATION WHERE A PARTICIPANT IS SICK. FOR PARTICIPANTS OR GUARDIANS OF PARTICIPANTS WHO ARE SICK OR SHOWING SYMPTOMS OF COVID-19, THEY ARE TO ADVISE TEAM STAFF THAT THEY WILL NOT BE ATTENDING AND WILL IMMEDIATELY FOLLOW THE STEPS BELOW.



WHAT IF MY PLAYER HAS TESTED POSITIVE ?

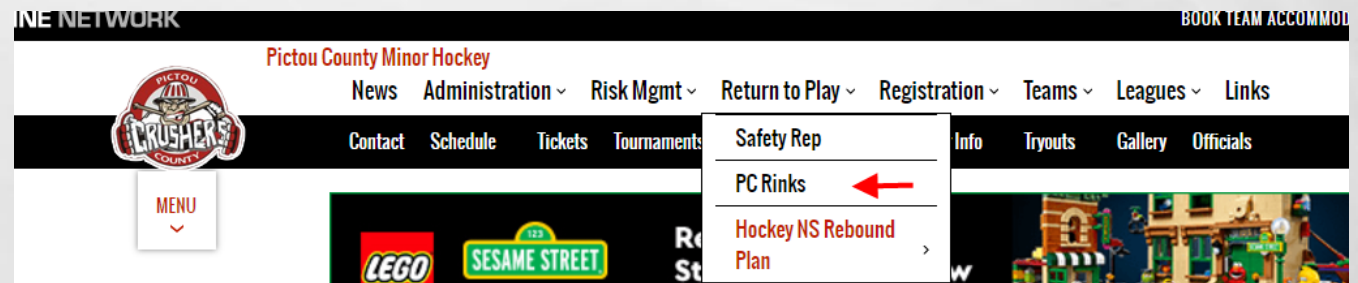


IF YOU HAVE TESTED POSITIVE FOR COVID-19 PARTICIPANTS OR GUARDIANS OF PARTICIPANTS WHO HAVE TESTED POSITIVE FOR COVID-19 ARE NOT REQUIRED TO PUBLICLY DISCLOSE ANY MEDICAL INFORMATION, HOWEVER THEY WILL BE REQUIRED TO ABIDE BY NOVA SCOTIA PUBLIC HEALTH INSTRUCTIONS. THE PARTICIPANT MUST NOT PARTICIPATE IN ANY HOCKEY RELATED ACTIVITIES UNTIL PUBLIC HEALTH ADVISES THEIR CASE IS RESOLVED AND THEY ARE AUTHORIZED BY THE HOCKEY NOVA SCOTIA CHIEF MEDICAL OFFICER.

FACEBOOK AND WEBSITE

AS COMMUNICATIONS DIRECTOR MY GOAL IS TO INCREASE THE ACTIVITY ON OUR FACEBOOK SITE. PLEASE COMMUNICATE TO YOUR PARENTS OF OUR FACEBOOK SITE.

WE ARE IN THE PROCESS OF OVERHAULING OUR WEBSITE TO ENSURE THE CONTENT IS UP TO DATE, ALONG WITH POLICIES AND PROCEDURES.



THANK YOU

QUESTIONS